



High Performance Academy Soccer Camp Handbook

Dear Players/Families,

We would like to thank you for registering for the HPA Camp December 8-9, 2018. We are extremely excited and appreciative to begin providing the best experience that High Performance Academy has to offer. The information contained in this packet is VITAL to your experience at the camp. Please read the following information carefully as many of the questions you may have regarding camp will be answered in this document. We recommend you keep hold of this paperwork as you may need to refer back to it closer the time.

IMPORTANT CONTACT INFORMATION

Location of Camp:

Granite Park Sports Complex

3950-3978 N Cedar Ave, Fresno, CA 93726

Camp Director:

Jesus Garcia

Email Address: jesus@hpanation.com

Mobile Phone Number: 559-960-7782

Office Phone Number: 559-472-3941

Office:

High Performance Academy LLC.

755 N Peach Ave Ste G13, Clovis CA, 93611

T (559) 472-3941

WWW.HPANATION.COM



ARRIVAL AND DEPARTURE TIMES

Skills Camp (Ages 8-13)

Arrival: Saturday, December 8th & 9th

Players Check-In: 8:30am – 8:45am

Daily Departure: 12:15pm: All players to depart from camp

What do I do once I arrive? A staff member will direct you to area of HPA Booth where you will be able to check-in. Please have any additional paperwork (medical forms) ready to be handed in at this time. Registration is also a good time to ask any final questions or queries you may have. Once you have checked in, campers will be escorted to the players area where they can set their bag down.



PACKING LIST

Campers should pack the following items:

- All campers will receive an HPA Camp T-Shirt (t-shirt will be issued at check-in)
- Clothing/Soccer Gear that is MANDATORY to wear throughout the camp. Additional apparel may be purchased through our online store or at our booth check-in.
- Soccer Warm Up Jacket and/or Soccer Warm up Pants
- Black shorts (Plain or Adidas)
- Black socks (Plain or Adidas)
- Pair of Socks
- 1 Pairs of Cleats
- 1 Pair of Sneakers
- Shin Guards
- Sunscreen & Mosquito Repellent

Please feel free to wear/bring any HPA apparel you might have. Players should NOT bring valuable items with them. HPA will not be held responsible for items of value that are misplaced while at camp and as this can often be upsetting for your child we find it easier if valuables are left at home. **Water jugs/coolers are not allowed to be brought to the Complex. High Performance Academy will ensure that all players have access to water at all times.**

Spectator Information:

All spectators (family, friends, etc.) are to remain in the designated spectator area and are not allowed to enter the HPA Camp fields without permission of the director, trainers, or staff. Any spectator that does not comply with our guidelines will be asked to leave the complex. No refund will be given if player is pulled from the camp. All guidelines are implemented in the sole purpose of creating a safe and fun environment for everyone!

HPA will have a booth set up that will offer the following:

- * Camp Information
- * Information regarding programming & future camps
- * HPA Apparel for sale



Granite Park Sports Complex –

Rules, Policies, and Procedures

Granite Park Sports Complex welcomes HPA for its soccer programming. The parks policies and camp rules are enforced for the comfort and safety of our guests, coaches, players, volunteers, and personnel. As a result, everyone entering Granite Park is subject to search.

The following items are NOT ALLOWED at Granite Park:

- * No outside food or beverages
- * No laser pointers
- * No metal cleats allowed
- * No smoking of any kind
- * No pets
- * No illegal drugs
- * No vulgar profanity
- * No weapons or firearms
- * No tobacco
- * No gum
- * No metal cleats
- * No water jugs (WATER WILL BE PROVIDED TO ALL PLAYERS)
- * No loud inappropriate/vulgar profanity music allowed from music devices before, during, or after the camp.
- * No seeds – Teams found with seeds will be fined \$100, ejected from the venue and will not be allowed to return to Granite Park.

The following items are ALLOWED at Granite Park:

- * Baby formula/food
- * Prescribed medications
- * Folding Chairs
- * Canopies
- * Umbrellas
- * Music devices – appropriate music only
- * Certified service dogs

We ask that all spectators be aware of the risk from fly or foul balls. Granite Park is not liable for any injuries or damaged personal property from fly or foul balls.

Please lock and secure your property when leaving your vehicle. Granite Park is not liable for any damage or loss of personal property in the parking lot.

Any violation of Granite Park's Rules and Policies is subject to immediate removal and may not be allowed to return to any future events.

Weather Policy & Make-up Details

In cases of inclement weather parents should check their emails. If there are no inclement weather warnings, your camp will be running as scheduled or a decision may be made at the location. In the event of light showers all programs will continue as scheduled, providing the playing area is safe. Unfortunately, predicting the weather is not a perfect science and while we endeavor to make the correct call, we know that we can't please everyone all of the time. We do try our best though, so please bear with us!

You registered directly through our website:

Summer & School Vacation Camps:

Day of camp get washed out? If an entire session/day or more of camp is lost and we are unable to offer make-up times during the camp week, we will issue a full credit voucher valid on any future programs. Any refund requests will be deducted a \$45 administrative fee.



FAQ

Will my child be required to wear soccer cleats?

Part of the HPA experience and ensuring that a safe professional experience is being properly equipped for camp. Uniformed, shin guards, and cleats are required to participate.

If my child is hungry, can they bring a snack?

Due to rules of the park, outside food and beverages are not allowed in the park. A concession stand will be opened which will have food/snacks available for purchase.

What will be the extent of the players' soccer camp?

Players will be on the field, working on specific technical elements of play along with playing small sided games at the end of each day.

What do parents do after they checked in their child at the Soccer Camp?

Parents, family, and friends are welcome to stick around through out the duration of the camp and enjoy the experience that HPA and Granite Park provides. Food, soft drinks, and adult drinks will be available for purchase at Concession Stand.

Can I watch my child's play?

Absolutely. Parents are welcome to view sessions from the designated viewing areas

Weather FAQs

It's raining, what should I do?

Prior to a camp/class starting: In the event of rain, parents should check their emails, where all cancelled classes will be listed. If your camp is not listed, please attend your session as scheduled. Please dress your child appropriately.

During a camp or class: If your child is on site and weather conditions deteriorate please check our social media and your email. The program will continue in the event of light rain or passing showers. At locations where there is no shelter we will try to provide canopies for cover. If weather conditions become unplayable and shelter cannot be provided, the program may be cancelled for the remainder of the day and you may be required to collect your child from program.

What happens is the event of thunderstorms?

In the event of thunderstorms, the program will be suspended until the storm passes. Lightning storms are unpredictable, so a 30-minute rule is enforced on all of our programs. 30 minutes will be counted from when the last strike of lightening was seen. If the storm passes, play will continue, however, if the storm continues the program may be cancelled and you will be required to collect your child from the program.

How early do you decide if a program is cancelled?

We strive to make informed decisions for all programs by checking the weather forecasts and radar frequently. In light of this, decisions are typically made 1 hour before a session is scheduled to take place. Due to the nature of the wide geographical area in which we run our programs, sometimes you may be asked to report to the field where the final decision will be made by the coaches present as they will be more equipped to make the correct decision. The coach's decision will be based on the current weather and field conditions. If conditions deteriorate after a program has started, you may be required to collect your child. When dropping your child at a program coaches will try to inform parents if adverse weather conditions are expected. Please ensure coaches are given the best contact phone number to reach you on in this situation.

It is raining, why is my class not listed on the Weather Alerts page?

We strive to ensure the best decisions are made for each individual program by checking the weather forecasts and radar frequently. However, sometimes this technology is not truly accurate, in such instances our office staff members rely on our on-field staff to relay the actual weather condition once they have arrived on location. If your program is not listed we ask parents to attend the session as scheduled, where coaches will decide based on current weather and field conditions.

It has been raining all night / day. Will my class be cancelled?

All decisions are made based on the forecast for the time of your scheduled class. Please check your email to find out if the camp is cancelled or moved to an indoor location. Parents should dress their child appropriately for the weather conditions, as the session will go ahead regardless of damp weather if the coach deems the playing area safe to continue. For Tennis programs, coaches will make every effort to clear surface water caused by any recent rainfall; the session will go ahead providing the area can be made safe for play.

It is a clear day and my program is cancelled, why?

In cases where rainfall has been heavy the previous day or night, Facilities rented by HPA will often close their playing fields to protect the playing surfaces. In this event, the decision is out of our hands and programs must be cancelled.

Why do I have to go to field for the coaches to decide?

We rely heavily upon the weather forecast and the radar to make our decisions; however, it is impossible to know exact weather conditions at each location until our coaches arrive and weather conditions often change quickly. Therefore, there are times when due to the nature of scattered storms / showers you may be asked to report to the field where the decision will be made by the coach. The coach's decision will be based on the weather and field conditions at the time.

What happens in cases of extreme heat?

During the summer, at locations where there is no shade or shelter we will provide canopies for cover, to allow children to sit and cool down during snack breaks. On hot days water breaks are essential and are typically every 10 to 15 minutes. To avoid dehydration, it is vital that children

bring plenty of water (at least 1 gallon), and hats and sunscreen are advised. All of our coaches are first aid qualified and are trained to recognize the signs of heat related illnesses. To prevent such illnesses your child's coach will ensure all participants hydrate and reapply sunscreen frequently throughout the day.

If you have any further questions, please contact info@hpanation.com.

HPA Camp Refund Policy: Upon Registration - There is a \$50 non-refundable fee. If you cancel within 7 days before the camp start date or are a no show - there will be no refund with no exceptions. Cancellation on day of camp: No refund unless there's a medical issue. A note from the physician must be emailed.

Summer Camp Cancellation Refund Policy: In the event that a summer camp is cancelled due to inclement weather or other unanticipated circumstances, participants will receive a full refund for the camp registration fees. High Performance Academy is not responsible for any expenses accrued in relation to the camp.